

BPPV in a Day!

Course Director: Joseph Sakumura, Au.D.

Faculty: Richard E. Gans, Ph.D., Kim Rutherford, PT, DSc., COMT, Steven Spinks, PT, DPT, OCS, COMT, FAAOMPT, Brittany Fauble, Au.D.

**Faculty may vary based on availability and location*

Day 1 8:30 am – 5:00 pm

Morning Session: 8:30 am – 12:00 pm (Break 10:00 - 10:15 am)

- Welcome and Introduction
 - Statement of need and demographics
 - Historical perspective
- Anatomy and Physiology of the Vestibular System
 - Peripheral
 - Central
- Understanding Sensory Integration of Equilibrium
 - Eye movements
 - Pendular Pursuit
 - Saccades
 - Optokinetic
 - Corrective Saccades
 - Nystagmus
 - Vestibulo-ocular reflex
- Benign Paroxysmal Positional Vertigo: Theory and Pathophysiology

Lunch on your own: 12:00 pm – 1:00 pm

Afternoon Session: 1:00 pm – 5:00 pm (Break 3:00 – 3:15 pm)

- Evaluation & Treatment - BPPV
 - Demonstration of Canalith Repositioning Maneuvers (CRM)
 - Manual practice hands-on - CRMs
 - Posterior/Anterior Canal
 - Modified Canalith Repositioning (CRM Epley/Herdman style)
 - Semont Liberatory Maneuver (SLM)
 - Gans Repositioning Maneuver (GRM)
 - Horizontal Canal
 - Appiani
 - Casani
 - BBQ Roll
 - Horizontal Hybrid Maneuver
 - CRM Treatment Considerations
 - Restrictions Post BPPV treatment
 - Complications of treatment